



St. Joseph Catholic Parish

409 Paisley Road
Guelph, ON N1H 2R4
519-822-4614
stjosephguelph@rogers.com
stjosephguelph.com

SATURDAY MASS

5:00 pm

SUNDAY MASSES

8:30 am

10:15 am - Children's Liturgy

12 noon

ADORATION OF THE BLESSED SACRAMENT

Every Wednesday 8:30am to 11:00am

CONFESSION TIMES

Tuesday 7:30pm

Saturday 4:00pm to 4:30pm or by
appointment.

PARISH MINISTRY

There are many groups and activities in our
Parish. We hope you can join one. Visit our
website to find out more. Get Involved!
www.stjosephguelph.com/ministries

PARISH STAFF

Reverend John Van Hees, Pastor
Reverend Francis Ahuekwe, Associate
Tracy Bolzon, Office Administrator
Zofia Gadzinska, Bookkeeper



Saint Joseph was a just man, a tireless worker, the
upright guardian of those entrusted to his care.
May he always guard, protect and enlighten families.

- ST JP II



Pray

*Let us pray the Rosary
with our families*

*Join us every morning
before mass as we pray
the Rosary.*



Mass Intentions FOR THE WEEK

TUESDAY, August 11th

7:00pm + Alyssa Buddingh
+ Peter Phung Tran
Intentions of Manny and Anna Lavina
+ Romulo Salud
+ Shirley Bannon

WEDNESDAY, August 12th

8:00am For All Souls
+ Jan Maybee
+ Maureen Bolzon
Intentions of Gillian Gordon and family
For more priests in remote Northern
Canadian Communities

THURSDAY, August 13th

8:00am Intentions of Nhan Tran

FRIDAY, August 14th

8:00am + Alyssa Buddingh

SATURDAY, August 15th

5:00pm + Anthony and John Baptist Tran
+ Mario Mazzorato

SUNDAY, August 16th

8:30am Thanksgiving to God the Father
10:15am + Peter Phung Tran
12noon For Our Parishioners



May God's peace be with those who have recently died, especially and those being persecuted for their faith & race, and those killed in natural disasters & their families. Please remember our parishioners who are sick and homebound and those in our Prayer Network in your prayers.

Nineteenth Sunday in Ordinary Time - August 9, 2026

"Take heart, it is I; do not be afraid." We can sometimes be afraid of God's call to priesthood, diaconate or consecrated life. Get hold of yourselves! If God is calling you contact Fr. John Ha, Director of Vocations, Diocese of Hamilton at 905-528-7988. email vocations@hamiltondiocese.com.

SANCTUARY CANDLES

Week of August 9, 2026

Candle #1 – Intentions of the Vo Family

Candle #2 – For the Soul of Olivia

Please use the envelopes provided to request intentions for the Sanctuary Lamps, which are lit at the tabernacle.

Faith is a journey, not a guilt trip!



COLLECTIONS FOR THE PAST WEEK

Sunday Offering August 2/3	\$ 3,826.00
Loose Offering	\$ 1,218.55

Thank you for your contribution and God Bless!

If you would like a receipt for your contribution, we need your name & full address. If you would like envelopes or to sign up for Pre-Authorized Donations, please call the Parish Office at 519-822-4614.



SUNDAY REFLECTION

In today's Gospel Jesus tell us **"Do not be afraid."** How often we are scared, especially when this ever-changing life challenges us. Can we allow our fear to bring us to Jesus?

When the disciples are afraid, they call out to Jesus. He answers immediately, saying, **"Take heart, it is I; do not be afraid."** There are so many times we need courage to take the next step. Peter did take the first step, but then a very human moment of distraction caused him to falter. For an instant he doubted, but he did not lose sight of his guide. **"Lord, save me! He called. Jesus immediately reach out his hand and caught him."**

When we are afraid, Jesus answers immediately. He is always here with us. It can be hard to find Our Lord through the turmoil. Elijah finds God in silence. The disciples find Jesus in the storm. He is here today, in the Eucharist, in the Word, in the people gathered. He is always here with us. We need never be afraid.

Excerpt from Living with Christ.

YOUTH MINISTER'S RETREAT - SAVE THE DATE!

We are inviting all youth ministers, youth ministry coordinators and leaders in youth ministry, to join us for our annual retreat on September 19 at Mount Mary Retreat Centre in Ancaster. More information and how to register will be shared as soon as possible. In the meantime, if you are interested in attending or have any questions, please reach out to us: youthministry@hamiltondiocese.com.

FRASSATI LEADERSHIP PROGRAM

Calling all those entering Grade 10 in September 2026! Are you looking to grow in your faith? Do you want to explore what it means to be a Catholic leader? **The Frassati Leadership Program** may be for you. Join other Grade 10 Catholic leaders as we reflect on the foundations of Catholic leadership and foster

opportunities for you to grow in your own faith and leadership skills. For more information and to register please visit: <https://hamiltondiocese.com/office/pastoral-offices/youth-ministry/frassati/>.

MARIAN DAYS

The Basilica of Our Lady Immaculate, the Diocesan Marian Shrine in Guelph will be hosting the Diocesan Marian Days on the first Saturdays from June to October. The day begins at 9:00am with Holy Hour and Confessions. Holy Mass at 10:30am is followed by an Outdoor Rosary procession (weather permitting) and concludes at noon. Coffee, tea and Gift Shop available after Rosary procession (participant are welcome to bring their own lunch). The celebrants will be Bishop Wayne Lobsinger (**September 5th**), and Bishop Joseph Dabrowski (**October 3rd**). The October Marian Day will end with the Regina Caeli Tea. Registration is required and will be available after all Marian Days. For more information, see the Diocesan Website: <https://hamiltondiocese.com/events/2026/05/marian-days-2026/>



YOUTH MINISTRY CERTIFICATION PROGRAM

We are currently accepting enrollment for the Youth Ministry Certification Program, which begins in September 2026. Join us as we explore the practical strategies for youth ministry and the accompaniment of young people in our diocesan community. To review a full course list and for more information, please visit: www.hamiltondioceselearns.com



Will be held at Marden Park, Pond Pavilion on Sunday, September 13, 2026 at 1:30pm- 5pm. Burgers, hot dogs, salads, face painting, snow cones and lots of games! Don't miss it! Please RSVP to the church by September 8th!

REGINA CAELI - REGISTRATIONS OPEN

Discover a community where academic excellence walks hand in hand with deep faith formation. Regina Caeli Academy is currently accepting registrations from JK to Grade 8. Visit our website today or call 226-706-7529 to secure your child's place for the upcoming school year. Reginacaeliacademy.ca

PARENTING TIP OF THE MONTH The expression "the family that prays together stays together" is one that most people have heard. Popular sayings make sense when we see the truth in them, but this one is backed up by research! When we pray together at home (before meals, before bed, in the morning) and attend Mass, we are connecting on a deep level that helps a family have increased unity. So, enjoy the more relaxed summer days and holidays, but don't let prayer and attending Mass take a holiday because their benefits are a wonderful addition to this great season!

RELIGIOUS EDUCATION

St. Joseph's Parish is providing in-person Religious Catechism Classes for the Sacraments of First Communion and Confirmation for students who attend public or private schools from grade 1 through to grade 7. It is also open to those children whose parents wish to have their children learn more about their Catholic Faith. Classes are every Tuesday from 6:30 to 7:30 pm starting **TUESDAY, SEPTEMBER 15, 2026** and run through to May 2027. For more information, please contact Donna Haley at 519-

831-6451 or email: religiousedstjosephguelph@gmail.com
Registration forms on the website. We look forward to welcoming you!

WALK WITH JESUS: Retreat for Parents Who Have Experienced the Death of a Child The loss of a child is a most challenging event in the life of any parent. This grief is acute and challenging. The Diocese of Hamilton invites you to join us for this healing day. Whether the loss is recent or some time ago, we know this day will help to restore your inner core. The retreat will be offered from 9 am to 4 pm on Saturday, October 10 or Saturday, November 7th. The \$20 fee includes lunch. Registration is required for set up and lunch. You can register on the Diocesan home page at <https://hamiltondiocese.com> under upcoming events (look for the date retreat of the date), or by calling the office at 905-528-7988 ext. 2249

ENHANCING SELF-ESTEEM Healthy self-esteem is linked to positive mental health outcomes, which is so important to each of us. Our program provides the opportunity to increase your self-awareness and to learn specific skills for building a positive self-esteem. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your own future. The program will be offered from Tuesday Sept 22 – Nov 24, 2026 at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration is online at <https://hamiltondiocese.com> and can be found under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com.

MARRIAGE TIP OF THE MONTH Couples are so busy today with their jobs, taking care of children and sometimes looking after elderly parents that time is very precious. Often what gets put on the back burner is time to focus on their marriage. All these responsibilities are much better managed with a healthy relationship, so taking time together has a positive impact all around. Schedule time for a coffee, a short or long walk, a chat at the end of the day, prayer, or dinner for two, anything that is just for the two of you. Your marriage matters — don't let making it a priority take a backseat to everything else on the to-do list!



Faith and Flavours Pilgrimage to Italy- November 3-14, 2026.

There are still some spaces available for a faith and flavour filled pilgrimage to Italy from November 3-14, 2026. Visits include Siena, Assisi, Monte Cassino, and Rome among others over an enjoyable ten day pilgrimage. The cost of \$7,995.00 per person includes airfare, hotels, ground transportation, all admission fees, most meals, and the services of an expert English speaking guide. Fr. Ian Duffy will be the spiritual director of this pilgrimage leading us in prayer in the footsteps of St. Catherine of Siena, Ss. Francis and Clare, Saints Benedict and Scholastica, Saints Peter and Paul, and many more. Additionally, this adventure will include wine tasting, pasta making, and enjoying the gastronomy of various parts of Italy. To register or for more information please call Edgar at 1-800-268-0900 ext. 233, or e-mail edgar@gateways-international.com. Final numbers are needed in September so register soon.

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